



## ADENOIDECTOMY DISCHARGE INSTRUCTIONS

### FOLLOW UP CARE

- Bad breath is normal
- Bloody drainage from the nose is common the day of surgery
- Ear pain is normal and should resolve over a few days
- Tongue pain, numbness, or neck stiffness should resolve in 7-10 days
- Strange taste in the mouth should resolve in 7-10 days
- If a follow up appointment was not made the day of surgery, please call the office to make one

### ACTIVITY

- Adults: Do not drive for 24 hours
- Children: Activity as tolerated

### DIET

- Resume previous diet as tolerated

### MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

### PROBLEMS TO WATCH FOR

- Fever over 101.4
- Nausea/Vomiting
- Heavy bleeding from the nose

**Call your doctor with ANY problems that concern you: Phone # (843) 766-7103.** If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

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Patient/Responsible Party

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Nurse Signature