



**EAR SURGERY  
DISCHARGE INSTRUCTIONS  
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**FOLLOW UP CARE**

- Dome-like dressing needs to stay on the night of surgery and can be removed the next day
- Muffled hearing can last for 4 - 8 weeks
- Ear drainage is possible and can be bloody. This is normal.
- Keep water out of ears until follow up appointment. When bathing, cover one side of a cotton ball with Vaseline and place the dry side in the ear canal.
- Dizziness is possible
- Nausea and vomiting are possible
- It is common to have a strange taste in your mouth, this should resolve in 1-2 months
- DO NOT blow your nose for 2 weeks
- Open your mouth to sneeze
- If a follow up appointment was not made the day of surgery, please call the office to make one

**OPERATIVE SITE**

- If you have an incision behind the ear, clean twice a day with hydrogen peroxide and apply bacitracin ointment
- You may get the incision behind the ear wet the day after surgery, but continue to keep ear canal dry

**ACTIVITY**

- Do not drive for 24 hours
- No heavy lifting or strenuous activity for 2 weeks
- No air travel or scuba diving for 8 weeks

**DIET**

- Resume previous diet as tolerated

**MEDICATIONS**

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

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**PROBLEMS TO WATCH FOR**

- Fever over 101.4
- Uncontrolled nausea/vomiting
- Increased swelling, redness, or drainage at incision site

**Call your doctor with ANY problems that concern you:** Phone # (843) **766-7103**. If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

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**Patient/Responsible Party**

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**Nurse Signature**