



**MYRINGOPLASTY WITH GELFOAM or FAT GRAFT  
(REPAIR OF PERFORATED EARDRUM)  
DISCHARGE INSTRUCTIONS  
Page 1 of 2**

**FOLLOW UP CARE**

- Ear drainage is possible and can be bloody.
- Keep water out of ears until follow up appointment. When bathing cover one side of a cotton ball with Vaseline and place the dry side in the ear canal.
- If a follow up appointment was not made the day of surgery, please call the office to make one

**OPERATIVE SITE**

- If you have an incision behind the ear, clean twice a day with hydrogen peroxide and apply bacitracin ointment
- You may get the incision behind the ear wet the day after surgery, but continue to keep ear canal dry

**ACTIVITY**

- Do not drive for 24 hours

**DIET**

- Resume previous diet as tolerated

**MEDICATIONS**

- Ear drops may be prescribed. These are NOT to be used immediately after surgery. Bring the drops to your follow up appointment for further instructions.
- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

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Page 2 of 2

**PROBLEMS TO WATCH FOR**

- Fever over 101.4
- Nausea/Vomiting
- Drainage lasting more than 5 days

**Call your doctor with ANY problems that concern you:** Phone # (843) **766-7103**. If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

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Patient/Responsible Party

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Nurse Signature