

## CLOSED REDUCTION NASAL FRACTURE DISCHARGE INSTRUCTIONS

### FOLLOW UP CARE

- Black and blue eyes along with swelling is normal and usually resolves within 2 weeks
- Avoid damage/trauma to the nose
- If a follow up appointment was not made the day of surgery, please call the office to make one

### OPERATIVE SITE

- Do not dislodge or remove the cast on the nose, it may loosen or fall off prior to your follow up appointment. **DO NOT ATTEMPT TO PUT BACK ON.**

### ACTIVITY

- Do not drive for 24 hours
- Avoid vigorous activity or heavy lifting for 2 weeks

### DIET

- Resume previous diet as tolerated

### MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

### PROBLEMS TO WATCH FOR

- Fever over 101.4
- Heavy bleeding from the nose
- Nausea/Vomiting

**Call your doctor with ANY problems that concern you:** Phone number (843) 766-7103. If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

\_\_\_\_\_  
Patient / Responsible Party

\_\_\_\_\_  
Nurse Signature

