

EAR TUBE(S) DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- Ear drainage is possible and can be bloody. This is normal.
- There is no need for any routine water precautions.
- Ear drops may sting or burn.
- Future episodes of ear drainage are possible. If drainage occurs, restart ear drops and notify your doctor.
- If a follow up appointment was not made the day of surgery, please call the office to make one.

ACTIVITY

- Adults: Do not drive for 24 hours
- Children: Activity as tolerated

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription(s) will be sent with you. Use as directed.
- PAIN is usually not an issue. If pain is present use TYLENOL or MOTRIN.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Nausea/Vomiting
- Difficulty drinking

Call your doctor with ANY problems that concern you: Phone # (843) 766-7103. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient / Responsible Party

Nurse Signature

