

LYMPH NODE BIOPSY DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- A small amount of swelling is expected
- Skin will be tender at the incision site
- Keep your head elevated on 2 pillows while sleeping or resting, to help minimize swelling
- If a follow up appointment was not made the day of surgery, please call the office to make one

OPERATIVE SITE

- If skin glue was used to close your incision (shiny plastic like coating) no wound care is required
- If sutures close your incision, clean the incision with hydrogen peroxide and apply Bacitracin ointment twice a day

ACTIVITY

- Do not drive for 24 hours or while taking narcotic pain medication
- Smoking impairs healing and should be avoided

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Uncontrolled Nausea/Vomiting
- Increased swelling, redness, or drainage at the incision site

Call your doctor with ANY problems that concern you: Phone # (843) 766-7103. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Date of Follow-up visit _____ Time _____

Patient / Responsible Party

Nurse Signature

