

MYRINGOPLASTY WITH GELFOAM OR FAT GRAFT (REPAIR OF PERFORATED EARDRUM) DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- Ear drainage is possible and can be bloody.
- Keep water out of ears until follow up appointment. When bathing cover one side of a cotton ball with Vaseline and place the dry side in the ear canal.
- If a follow up appointment was not made the day of surgery, please call the office to make one

OPERATIVE SITE

- If you have an incision behind the ear, clean twice a day with hydrogen peroxide and apply bacitracin ointment
- You may get the incision behind the ear wet the day after surgery, but continue to keep ear canal dry

ACTIVITY

- Do not drive for 24 hours

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Ear drops may be prescribed. These are NOT to be used immediately after surgery. Bring the drops to your follow up appointment for further instructions.
- Prescription(s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Nausea/Vomiting
- Drainage lasting more than 5 days

Call your doctor with ANY problems that concern you: Phone # (843) 766-7103. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient / Responsible Party

Nurse Signature

